

## Brief Curriculum Vitae



**Name: Anna Deltsidou**

**Current position:**   **Professor, Midwifery**  
 Department, University of  
 West Attica Athens, Greece  
 WHO Focal point for midwifery  
 related issues in Greece, appointed  
 by the Hellenic Ministry of Health

**Degrees:**   **RN, RM, MSc, M.P.H, PhD**

**Studies:**

**PhD:**           Faculty of Nursing, National and Kapodistrian University of Athens  
 Training in adults Education (MSc Level, Hellenic Open University)  
 Training in teaching (School of Pedagogical and Teaching Training)

**MSc:**           «Clinical Nursing» (Faculty of Nursing, National and Kapodistrian University of Athens)

**MSc:**           «Public Health» (National School of Public Health)

**BSc:**           Nursing (Faculty of Nursing, National and Kapodistrian University of Athens)

**BSc:**           Midwifery (Department of Midwifery, Technological Educational Institute of Athens)

**Teaching Experience:**

**2018- today:**   Professor at the Midwifery Department

**2016-today:**   Adjunct Professor of the Hellenic Open University

**16/07/14- today:** Teaching at the Midwifery Department in the following modules: Family planning, High risk pregnancy, Research methodology, women’s health promotion and care, Evidence based practice, Paediatric Nursing, Normal Pregnancy Care, Health Management, Medical- Surgical Nursing

**23-11-11**

**to 16-07-14:** Teaching at the Nursing Department of Technological Educational Institute, in the following modules as an Assistant Professor: Maternity Nursing- Gynaegological Care, Health Psychology, Paediatric Nursing

**21-9-2010**

**-20-5-11:**   Teaching at the Midwifery Department of Technological Educational Institute of Athens as an Associate Professor, in the following modules: Family planning, High risk pregnancy, Research methodology, and women’s nursing health care

**2002-June 2010:** Teaching at the Nursing Department of Technological Educational Institute, in the following modules as an Assistant Professor: Community Nursing, Health Education, Seminars, Maternity Nursing, Scientific Writing, Nosocomial Infections, Research Methodology, and Introduction to Nursing.

**2008- Today:** Teaching in the postgraduate programme of “Research in female reproduction”, module: Research methodology-Validity and reliability

**Clinical Experience:**

**1986-2002:** Tertiary Teaching Hospital «Alexandra», as a Midwife the first 8 years in the following positions: department of emergency situations in midwifery and gynaecology, operational theatre in midwifery and gynaecology, department of assisted reproduction, high risk pregnancy ward, and postpartum care ward and as a nurse from 1995 to 2002 in the medical ward.

**1986:** As a midwife in the private Maternity Hospital «Mitera»

#### **Other authorship activity:**

**2014:** Invitation to contribute to a book entitled: *Diet and Nutrition in the Menstrual Cycle, Conception and Fertility* by the Professor Victor R Preedy PhD DSc FRSPH FIBiol FRCPath, Communicating Editor, Kings College London. Book chapter entitled: Menstrual patterns in adolescents with eating disorders, published by Wageningen Academic Publishers, 2014

**2012:** Translation and editing, in collaboration with Katerina Lykeridou, of the book entitled: Maternity Nursing of Deitra Lowdermilk and Shannon Perry, 8<sup>th</sup> ed., Mosby (2011)

**2010:** Translation and editing, in collaboration with Christina Nanou, of the book entitled: Handbook of Women's Health Nursing, Edited by Sunanda Gupta, Debra Holloway and Ali Kubba, Oxford University Press (2010)

**2010:** Translation and editing, in collaboration with Katerina Lykeridou, of the book entitled: The partograph and How to assess Labour (Edited by Anna Nolte), JUTA (2008)

**2010:** Writing of a book chapter entitled: "Research and Nursing" in a book entitled: "Introduction to Nursing", edited by Sophia Zyga, BETA, (2010)

**2008:** Editing of a book chapter translated into Greek and entitled: Medical/Surgical Nursing: Critical Thinking for Collaborative Care of Donna D. Ignatavious & M. Linda Workman, 5<sup>th</sup> ed., Elsevier Saunders (2006)

**2006:** Translation and editing, in collaboration with Katerina Lykeridou, of the book entitled: Maternity Nursing of Deitra Lowdermilk and Shannon Perry, 6<sup>th</sup> ed., Mosby (2003)

#### **Other scientific activity:**

**09/2019-09/2022:** President of the Research Ethics Committee of the University of West Attica

**2017:** Assistant Editor of the journal «Eleftho»

**2016- today:** Coordination Board member of the postgraduate programme entitled «Advanced and Evidence Based Midwifery» provided by the Department of Midwifery of the University of West Attica, Athens

**2016-today:** Member of the Editorial Board of the journal «SCIREA Journal of Health»  
<http://www.scirea.org/journal/EditorialBoard?JournalID=33000>

**2016-today:** Member of the Editorial Board of the journal «World Journal of Diabetes»  
<https://www.wjgnet.com/1948-9358/EBoardMembers?pageNumber=3>

**2014:** Counselor of the NARIC: an organization supervised by the Hellenic Ministry of Education. It is responsible for the recognition of university or technological degrees that are awarded by foreign Higher Education Institutions (H.E.I.). The Hellenic NARIC is also responsible for providing information about educational systems and accreditation of Institutions in Greece and abroad.

**2014:** Editorial Board Member of the journal "International Journal of Nursing & Clinical Practices"

**2014:** Editorial Board Member of the journal «International Journal of Advanced Nursing Studies»,

**2014:** Editorial Board Member of the journal «Journal of Psychology and Psychotherapy Research»  
<http://savvysciencepublisher.com/ebm-jppr/>

**2012:** Evaluator of proposals submitted in the context of the National Strategic Reference Framework (NSRF) 2007 -2013 entitled: Knowledge update of higher education graduates

**2012:** Member of Editorial board of the scientific Journal «International Journal of Advanced Nursing Studies» and «Asian Pacific Journal of Reproduction»

- 2011:** Peer review member for the journal «Contemporary Nurse»
- 2011-12:** Peer review member for the journal «International Journal of Nursing Practice»
- 2010:** External reviewer of a manual entitled: Management of biological risks for health professionals Edited by Raftopoulos Vasilios, TEPAK Cyprus
- 2010:** Evaluator of 5 projects submitted in the context of the National Strategic Reference Framework (NSRF) 2007 -2013 (2786/03-03-2009) publication: «Lifelong Learning», Category action «professional placement TEI»
- 2010–2011:** Peer review member for the journal «International Nursing Review»
- 2007- today:** Editorial board member of scientific journals «Nosileftiki», «*Review of Clinical Pharmacology and Pharmacokinets.*» and «*Epitheorese Klinikes Farmakologias kai Farmakokinetikes*»
- 2007- 2014:** Coordination Board Member of the postgraduate programme entitled «Research in the female reproduction» provided by the collaboration between the School of Medicine of the University of Athens and the Department of Midwifery of the University of West Attica, Athens

#### **Research Interests and Experience:**

Postpartum stress, anxiety and depression, BSE performance from health care professionals, public health and primary health care, health promotion, stress, anxiety, depression and coping strategies in subfertile women undergoing fertility treatment (participation as a member of the main research team in the Project co-funded by the European Union – European Social Fund and National Resources - EPEAEK-II)

- 2018-19:** Member of the main research team of the Project **“Operational Refugee And Migrant Maternal Approach- ORAMMA”** funded by the European Union in the context of 3rd Health Programme

**12-2012 to**

- 30-09-2015:** Co-ordinator of the project conducted in the context of NSRF 2007-2010, European Social Funds: operational programme, education and lifelong learning, Ministry of Education and Lifelong Learning and Religious Affairs. Title: **Non invasive measurement of the haemodynamic parameters and of the advanced end glycation products (AGEs) level in students smokers and in students who intake caffeine**

- 2004-2006:** Member of the main research team of the Project co-funded by the European Union – European Social Fund and National Resources - EPEAEK-II. **Title: Depression and coping strategies of subfertile women undergoing fertility treatment.**

#### **Other Activities:**

- 2007- 09/2010:** Member of the Research Committee of Technological Educational Institution of Lamia
- 2007- 09/2010:** Head of the “Nursing treatments” Sector of the Center for Technological Research of Central Greece (CTR)
- 2004-2009:** Academic co-ordinator for the research proposal Archimedes II entitled: «Environment-Archimedes: Funding of research groups in T.E.I of Lamia» (Project co-funded by the European Union – European Social Fund and National Resources - EPEAEK-II)

**Languages:** French, advanced level  
 English, advanced level  
 Farsi, basic level  
 Spanish, basic level