# S18080819470.jpgBALA CHRISTINA MIDWIFE

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[Christina Bala (researchgate.net)](https://www.researchgate.net/profile/Christina-Bala)

# Education:

*University of West Attica, Phd candidate, (2021-present),*

Title Thesis: ‘’Study women suffering from primary headache and the usage of medication during the perinatal period’’

*University of West Attica , Msc in Advanced and Evidence Based Midwifery Care ,* Grade 8.08/10*, (2016-2019),*

Specialization on ultrasounds in midwifery

*Technological Institute of Athens, Bsc Midwifery Degree,* Grade 7.47/10, (2003-2008)

# Academic Experience:

Academic Fellow at University of West Attica , (2020- present), [www.midw.uniwa.gr](http://www.midw.uniwa.gr/) Clinical Tutor at Metropolitan College , (2018- present), [www.mitropolitiko.edu.gr](http://www.mitropolitiko.edu.gr/)

# Work Experience:

2019-present: Midwife at Spiti Thilasmou, [www.spitithilasou.gr](http://www.spitithilasou.gr/) 2019- present : Midwife at medical mobile unit , [www.mmu.gr](http://www.mmu.gr/) 2016-2017 : Midwife at Medical Centre, [www.medihall.gr](http://www.medihall.gr/) *2009-2015:* Midwife staff at Mitera Hospital, [www.mitera.gr](http://www.mitera.gr/)

*2008-2018*: Midwife at obstetrician-gynecologist private practice.

# Publications:

‘’The effectiveness of cervical cerclage in perinatal outcome’’, Archives of Hellenic Medicine 2021, 38(6):853–854

# Books:

*Family Planning Sexual education*, V.Vivilaki , Broken Hill Publishers LTD 2021, Chapter 14: Women centered abortion care

**Qualifications:**

Pilot ultrasound programme 25 hours(2007) Newborn Life Support(NLS) 2013

2nd postgraduate normal childbirth seminar 35 hours(2014) Breastfeeding seminar 10 hours(2010)-35 hours(2015)

Electronic monitoring (cardiotocography) fetus during pregnancy and childbirth 30 hours(2015)

***Languages:***

English C2 (ECPE) French B2 (DELF)

Basic knowledge Swedish and Greek Sign Language

***Computer skills :*** ECDL CORE (2006) , SPSS

# Other skills:

‘Training of adults ‘ National Kapodistrian University of Athens (2016-2017) ‘Organization of events’ seminar(2013)

**Driving License** : A and B

**Personal interests**: sailing, scuba diving, dance, reading