

**CURRICULUM VITAE**

PERSONAL INFORMATION

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| **First Name** | Dimitra |
| **Last Name** | Metallinou |
| **Speciality** | Midwife |
| **Country** | Greece |
| **E-mail address** | dmetallinou@uniwa.gr |
| **Nationality** | Hellenic |
| **License to practice in Greece / License number:** | 6516/11-11-2009 |
| **License to practice in Sweden / License number:** | 2010:659 |

**CURRENT POSITION**

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| 1. Assistant Professor  Department of Midwifery - University of West Attica, Athens, Greece  **Academic Discipline:** Planning of midwifery care with emphasis on perinatal factors in critical neonatal situations  2. PostDoctoral Researcher  School of Medicine, National and Kapodistrian University of Athens, Athens, Greece |

**ACADEMIC DEGREES**

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| **Name and location of university** | **Subject or specialty** | **Degree** | **Grade** | **From** | **To** |
| National and Kapodistrian University of Athens - Department of Medicine | Νeonatology-Clinical Biochemistry | PostDoctoral  Researcher | - | 2022 | Today |
| National and Kapodistrian University of Athens - Department of Medicine | Νeonatology-Clinical Biochemistry | PhD | Excellent | 2016 | 2020 |
| National and Kapodistrian University of Athens – Department of Medicine in cooperation with Technological Educational Institute (TEI) of Athens - Department of Midwifery | Research In Female Reproduction | MSc | Very Good  (8.2/10) | 2009 | 2014 |
| Technological Educational Institute (TEI) of Athens | Department of Midwifery | BSc | Very Good  (8.41/10)  First student of the academic year 2009 | 2005 | 2009 |

**POSTGRADUATE TRAINING**

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| **Institution** | **Subject or specialty** | **Level of course** | **Year** |
| Attachment Parenting International (USA) | Certified Attached at the Heart Parent Educator  Member of the first certified team in Europe | Certification | 2017 |
| Hatha Yoga Teacher Training School  "Yoga and Budo Center" | Registered Hatha Yoga Teacher  (RYT 200)  Specialization in Prenatal Yoga | Certification | 2012 |

**HONORS/AWARDS**

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| **Institution** | **Title** | **From** | **To** |
| State Scholarships Foundation | Honored scholarship for excellence | 2004 | 2005 |
| State Scholarships Foundation | Award for excellent performance | 2004 | 2005 |

**employment**

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| **Hospital** | **Department** | **Location** | **Position** | **From** | **To** |
| General Hospital “Alexandra”  (public) | Neonatal Intensive Care Unit   * Level 1,2,3 * Stabilization room | Athens Greece | Midwife | 2018 | 2022 |
| Athens Medical Centre  “Gaia Maternity Clinic”  (private) | Neonatal Intensive Care Unit   * Level 1,2,3 * Follow-up * Stabilization room * Breast milk bank | Athens Greece | Midwife | 2010 | 2018 |
| Oulu University Hospital | * Labour Room * Postnatal Ward | Oulu Finland | Undergraduate midwife | 11/2008 | 2/2009 |
| General - Maternity District Hospital “Helena Venizelou”  (public) | * Neonatal Intensive Care Unit * Surgery Room * Outpatient Obstetrics - GynaecologicalWard | Athens Greece | Undergraduate midwife | 3/2009 | 6/2009 |

**teaching experience**

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| **Institution / Course** | **Location** | **Position / Theme** | **From** | **To** |
| Postgraduate Programme (MSc)  “Breastfeeding and Parenting”  Department of Medicine  National and Kapodistrian University of Athens | Athens - Greece | Invited lecturer  «Lactation insufficiency - Support measures in milk insufficiency - Galactagogues medicines, milking» | 03/2023  1,5 hour teaching activity | |
| Postgraduate Programme (MSc)  “Advanced and Evidence Based Midwifery”  Department of Midwifery  University of West Attica | Athens - Greece | Invited lecturer  «Management of unpleasant events in a Neonatal Intensive Care Unit» | 01/2020  1 hour teaching activity | |
| «International Days»  Gezondhheidszorg Lerarenopleiding Erasmushogenschool  **https://www.erasmushogeschool.be/nl/metallinou-dimitra** | Brussels - Belgium | Invited lecturer  «Perinatal Health Care in Greece | 12/2019 | |
| Faculty of Midwifery  (University of West Attica) | Athens - Greece | Academic Fellow assigned to perform research work and train clinically students in the subject of:   * Care of the normal neonate * Care of the pathological neonate * Midwifery care of high risk labor * Midwifery care of high risk pregnancy | 2018 | 2020 |
| «International Days»  Gezondhheidszorg Lerarenopleiding Erasmushogenschool | Brussels - Belgium | Invited lecturer   * «Midwifery in Greece» * «Brain damage in premature babies - Biomarkers and neonatal care.» | 12/2018 | |
| Gezondhheidszorg Lerarenopleiding Erasmushogenschool | Brussels - Belgium | Invited lecturer  «Prenatal Yoga» | 03/2017 | |
| Aegean College  BSc (Hons) Midwifery (Applied) | Athens- Greece | Lecturer  in the subject:   * Neonatal Care | 2017 | 2019 |
| «Attached at the Heart»  (USA) | Athens- Greece | Certified Parent Educator | 2017 | today |
| Private Institute for Professional Training “Omiros” | Athens - Greece | Educator  3 teaching hours per week in the subjects of:   * Obstetrics * Gynaecological Surgery * Midwifery * Sterilization –Decontamination * Surgical Anesthesia - Recovery | 2016 | 2018 |
| Department of Midwifery  (Technological Educational Institute of Athens) | Athens - Greece | Clinical Training Cooperator with supervision of dissertations and teaching between 4-10 hours per week in the departments:  • Neonatal Intensive Care Unit  • Postpartum Ward  • Outpatient Obsterics - Gynaecological  Ward  • High Risk Pregnancy | 2014 | 2018 |
| Cardiopulmonary Resuscitation with Automated External Defribillation  (CPR-AED Course) | Athens - Greece | Instructor of the  “Hellenic Society of Cardiopulmonary Resuscitation” | 2014 | 2017 |

**Co – author /translator in books**

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| **Title** | **Author** | **Chapter** | **Publications** | **Year** |
| Myles Textbook for Midwives  ISBN: 9786185296360 | Jean Rankin | Editing of chapters | Lagos | 2022 |
| Primary Health Care [Internet].  Available from: https://www.intechopen.com/chapters/75767. doi: 10.5772/intechopen.96501 | Önal, A.E. | Chlamydial Infection | London: IntechOpen | 2021 |
| Longitudinal study of brain injury biochemical markers in premature neonates in NICU and other factors of perinatal outcome  Code: 2925083 | Metallinou Dimitra | PhD Dissertation | Published in Institutional Repository «Pergamos»  Digital Library of the Kapodistrian University of Athens | 2020 |
| Menopause  ISBN: 978-960-452-290-3 | Moros Michalis - Lykeridou Aikaterini | Co-author in the chapter:  Hormone Therapy Replacement | Beta Medical Publications | 2019 |
| Attached at the heart  ISBN:978-960-02-3413-8 | Nicholson Barbara - Parker Lysa | Translation and editing | Greek Publications «Papazissis» | 2018 |
| Primary Midwifery Care – The midwife in Primary Health Care  ISBN: 9789963258611 | Vivilaki Victoria | Independent writing of chapters:  -Neonate’s Laboratory Tests in Primary Health Care  -Neonate’s Follow Up After Hospitalization in Neonatal Intensive Care Unit | Paschalidis Medical Publications Ltd - Broken Hill Publishers Ltd | 2016 |
| Perinatal Yoga  (Course Manual) | Birthlight Organization | Translation and Editing from English to Greek | Birthlight | 2015 |

**Administrative work**

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| **Administrative Project Committees 2022-2023**  - Committee for admission examinations  - Committee for the final year internship  - Committee for the evaluation of young scientists holding a PhD  - Faculty member responsible for two hospitals regarding the clinical education of students |

**Member of Tripartite Committees in MSc dissertations**

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| 1. Tzeli Maria  Subject: Maternal tobacco, alcohol and caffeine consumption during the perinatal period  MSc "Advanced and Evidence-based Midwifery Care"  Academic Year 2022-2023  2. Liagkou Anastasia  Subject: Perinatal care in congenital cytomegalovirus infection.  MSc "Pregnancy Pathology"  Academic Year 2020-2021  3. Exarchou Agathi  Subject: Investigating the sexuality of people with motor disabilities.  MSc "Research in Female Reproduction"  (In progress) |

**Scientific publications IN peer-reviewed INTERNATIONAL Journals (N=19)**

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| --- |
| 1. Tigka M, **Metallinou D,** Nanou C, Iliodromiti Z, Gryparis A, Lykeridou K. Medication Intake as a Factor for Non-Initiation and Cessation of Breastfeeding: A Prospective Cohort Study in Greece during the COVID-19 Pandemic. Children. 2023; 10(3):586. https://doi.org/10.3390/children10030586 **(Index: Pubmed; IF: 2.835)** |
| 1. Liagkou A, Lazarou E, Tigka M, Pournara G, Lykeridou K, **Metallinou D.** Knowledge of Critical Issues in the Intrapartum Period: a Cross-sectional Study Among Undergraduate Final Year Midwifery Students. Mater Sociomed. 2022;34(4):284-290. doi:10.5455/msm.2022.34.284-290 **(Index: Pubmed)** |
| 1. Tigka M, Vivilaki V, **Metallinou D,** Nanou C, Lykeridou A. The value of midwifery counseling during lactation as a key factor of pharmacovigilance. Eur J Midwifery. 2022;6:65. Published 2022 Nov 24. doi:10.18332/ejm/156439 **(Index: Pubmed)** |
| 1. **Metallinou D,** Nanou C, Tsafonia P, Karampas G, Lykeridou K. Investigation of Healthcare Professionals' Knowledge of Evidence-Based Clinical Practices for Preterm Neonatal Skin Care - A Pilot Study. Children (Basel). 2022;9(8):1235. doi:10.3390/children9081235 **(Index: Pubmed; IF: 2.835)** |
| 1. Agapaki A, Papagianni F, **Metallinou D**, Valavani E, Mantzou A, Kanelli S, Eleftheriades M, Spyropoulou AC, Zervas I, Chrousos GP, Pervanidou P. Associations between Maternal and Offspring Hair Cortisol Concentrations and Child Behavioral Symptoms in Mother-Child Pairs with Perinatal Mental Disorders. Children (Basel). 2022;9(6):810. doi:10.3390/children9060810 **(Index: Pubmed; IF: 2.835)** |
| 1. Tigka M, **Metallinou D**, Pardali L, Lykeridou K. Shared decision-making about medication intake during lactation: A prospective longitudinal study in Greece. Eur J Midwifery. 2022;6:48. doi:10.18332/ejm/149830 **(Index: Pubmed)** |
| 1. Tigka M, **Metallinou D,** Nanou C, Iliodromiti Z, Lykeridou K. Frequency and Determinants of Breastfeeding in Greece: A Prospective Cohort Study during the COVID-19 Pandemic. Children (Basel). 2022;9(1):43. doi:10.3390/children9010043 **(Index: Pubmed; IF: 2.835)** |
| 1. Karampas G, Zouridis A, Deligeoroglou E, **Metallinou D**, Panoskaltsis T, Panoulis K, Rudnicki M, Vlahos N. Heterotopic pregnancy after bilateral salpingectomy, IVF and multiple embryos transfer. A case report and systematic review of the literature [published online ahead of print, 2022 Jan 12]. J Obstet Gynaecol. 2022;1-7. doi:10.1080/01443615.2021.2001794 **(Index: Pubmed; IF: 1.226)** |
| 1. **Metallinou D,** Karampas G, Nyktari G, Iacovidou N, Lykeridou K, Rizos D. Serum glial fibrillary acidic protein as a biomarker of brain injury in premature neonates. Bosn J Basic Med Sci. 2022;22(1):46-53. doi:10.17305/bjbms.2021.6205 **(Index: Pubmed, IF:3.363)** |
| 1. **Metallinou D,** Karampas G, Lazarou E, Iacovidou N, Pervanidou P, Lykeridou K, Mastorakos G, Rizos D. Serum Activin A as Brain Injury Biomarker in the First Three Days of Life. A Prospective Case-Control Longitudinal Study in Human Premature Neonates. Brain Sci. 2021 Sep 20;11(9):1243. doi: 10.3390/brainsci11091243. **(Index: Pubmed; IF:3.333)** |
| 1. **Metallinou D**, Bardo S, Kitsonidou I, Sotiropoulou N. Attitudes and Experiences Towards Death of Healthcare Professionals Working in Neonatal Intensive Care Units. Omega (Westport). 2021 Oct 9:302228211048667. doi: 10.1177/00302228211048667. Epub ahead of print. **(Index: Pubmed;** **IF:2.602)** |
| 1. **Metallinou D,** Karamitrou C, Nanou C, Sarantaki A. Effect of breastfeeding on the gut microbiota and the risk of type-1 diabetes mellitus in childhood - A mini review.IJDMSR. 2021;3(6):01-04. doi:10.35629/5252-03060104 (**Index: Indian CItation index; SJIF: 6.18**) |
| 1. **Metallinou D,** Lazarou E, Lykeridou K. Pharmacological and Non-Pharmacological Brain-Focused Clinical Practices for Premature Neonates at High Risk of Neuronal Injury. Maedica J Clin Med. 2021; 16(2): 281-290 **(Index: Pubmed, EBSCO)** |
| 1. Sarantaki A, **Metallinou D,** Kyritsi R, Diamanti A, Lykeridou K. Perinatal Cultural Aspects of African Refugee Women Resettled in Greece: Providing Culturally-sensitive Midwifery Care. Mater Sociomed. 2020;32(4):294-298. doi:10.5455/msm.2020.32.294-298 **(Index: Pubmed, Google Scholar)** |
| 1. **Metallinou D,** Liagkou Α, Lykeridou Α, Gavrili S, Kalantaridou S. Perinatal care in congenital cytomegalovirus infection. Rev. Clin. Pharmacol. Pharmacokinet. Int. Ed. 2020; 34 (3): 133-138. **(Index: SCOPUS, EMBASE; SJR: 0.1)** |
| 1. **Metallinou D**, Karampas G, Nyktari G, Iacovidou N, Lykeridou K, Rizos D. S100B as a biomarker of brain injury in premature neonates. A prospective case - control longitudinal study. Clin Chim Acta. 2020 Nov;510:781-786. doi: 10.1016/j.cca.2020.09.013. Epub 2020 Sep 15. PMID: 32941837. **(Index: Pubmed, IF: 6.314)** |
| 1. **Metallinou D**, Lykeridou K, Karampas G, Liosis GT, Skevaki C, Rizou M, Papassotiriou I, Rizos D. Postpartum human breast milk levels of neutrophil gelatinase-associated lipocalin (NGAL) and matrix metalloproteinase-9 (MMP-9)/NGAL complex in normal and pregnancies complicated with insulin-dependent gestational diabetes mellitus. A prospective pilot case-control study. J Obstet Gynaecol. 2020 May;40(4):461-467. doi: 10.1080/01443615.2019.1628191. Epub 2019 Jul 29. PMID: 31353996. **(Index: Pubmed; IF: 1.226)** |
| 1. **Metallinou D.,** Karampas G., Karapiperi D., Sarella A., Sarantaki A., Lykeridou K., “The effect of prenatal yoga on quality of life. A questionnaire based cohort prospective study based on the WHOQOL-BREF questionnaire.”, EAS J Nurs Midwifery, 2019; 1(2):51-56. doi: 10.36349/easjnm.2019.v01i02.003 **(Index: Google Scholar, Index Copernicus, ESJI, DRJI, World; Cat IPI value :1.43)** |
| 1. Karampas G., Eleftheriades M., Panoulis K., Rizou M., Haliassos A., **Metallinou D.**, Mastorakos G., Rizos D., “Prediction of pre-eclampsia combining NGAL and other biochemical markers with Doppler in the first and/or second trimester of pregnancy. A pilot study”, European Journal of Obstetrics & Gynecology and Reproductive Biology, 205(2016):153-157. doi: 10.1016/j.ejogrb.2016.08.034 **(Index: Pubmed; IF: 2.831)** |

**Scientific publications IN peer-reviewed GREEK Journals (N=4)**

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| 1. Tigka M, **Metallinou D,** Vivilaki V, Nanou C, Lykeridou K. Compatibility of medicines during lactation: Sources of information and the importance of pharmacovigilance. Eleutho. 2022; 21(1): 1-5. doi:10.18332/eleftho/157190 |
| 1. **Metallinou D,** Tzounara K, Nikolaidis P, Nanou C, Lykeridou A. Clinical practices of neuroprotective care for premature neonates. Archives of Hellenic Medicine 2020, 37(6):732–739. |
| 1. **Metallinou D,** Mantziou E, Tzavara C, Dagla M, Lykeridou A, Kastanioti A. Ιnvestigation of the health-related quality of life of healthcare professionals working in neonatal intensive care units – a pilot study. Perioperative nursing (GORNA), 2020; 9(3), 199–214. doi.org/10.5281/zenodo.4294494. |
| 1. **Metallinou D**, Mantziou E, Tzavara C, Sarantaki A, Nanou C, Lykeridou A, Kastanioti A. Burnout syndrome in healthcare professionals who work in a neonatal intensive care unit – A pilot study. Epitheorese Klinikes Farmakologias and Farmakokinetikes – Greek Edition 2019; 37(2):95-105 |

**Publications in international CONFERENCE SuPPLEMENTS (N=3)**

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| 1. **Metallinou D**, Karampas G, Lykeridou A, Iakovidou N, Rizos D. Serum glial fibrillary acidic protein (GFAP) as a biomarker for preterm neonatal brain injury. A prospective longitudinal case-control study. In: Abstracts 14th World Congress of Perinatal Medicine.J. Perinat. Med. 2019; 47(s1): eA126-eA326. doi: 10.1515/jpm-2019-2501 **(Index: Pubmed; IF: 1.901**) |
| 1. Karampas G, Eleftheriades M, Haliassos A, Panoulis K, Rizou M, **Metallinou D**, Mastorakos G, Rizos D. Neutrophil Gelatinase-Associated Lipocalin (NGAL) is a potent biomarker for the prediction of preeclampsia. In: Biology of extreme ages - Pediatric and Geriatric laboratory medicine - Prenatal and postnatal testing. Clinical Chemistry and Laboratory Medicine (CCLM), vol. 55(s1), 2017, pp. s368-s379. [doi:10.1515/cclm-2017-5009](https://doi.org/10.1515/cclm-2017-5009) **(Index: Pubmed; IF: 3.694)** |
| 1. **Metallinou D**, Lykeridou A, Rizos D, Liosis G, Papassotiriou I. Breast milk levels of MMP-9/NGAL complex in women with insulin-dependent gestational diabetes mellitus during the first postpartum days. In: Selected Abstracts of the 4th International Congress of UENPS; Athens (Greece); December 11th-14th 2014. J Pediatr Neonat Individual Med. 2015;4(1):e040103. doi:10.7363/040103 **(Ιndex: Scopus, Google Scholar; SJR: 0.16)** |

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| **Summary table of publications in peer-reviewed journals** | | | | | | | | |
|  | **Total Number** | **1st Author** | **2nd Author** | **≥3rd Author** | **Last author** | **Original Research** | **Reviews** | **Editorial** |
| Full articles in international scientific journals | 19 | 11 | 4 | 3 | 1 | 14 | 4 | 1 |
| Full articles in greek scientific journals | 4 | 3 | 1 | - |  | 2 | 2 |  |
| Abstracts in international journals | 3 | 2 | - | 1 |  | 3 | - |  |
| **Total Number** | 26 | 16 | 5 | 4 |  | 19 | 6 | 1 |

**oral presentations (N=11)**

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| 1. Tigka M**, Metallinou D,** Tzeli M,Lykeridou K.Maternal tobacco, alcohol and caffeine consumption during the perinatal period - A prospective cohort study in the midst of COVID-19 pandemic, 5th National Scientific Conference of the Association of Obstetricians and Gynecologists of Greece, Athens, 2022 |
| 1. Lazarou E, **Metallinou D**, Sdanis P, Karampas G, Nanou C. Investigation of pregnancy outcomes in teenage women in relation to the general population, 5th National Scientific Conference of the Association of Obstetricians and Gynecologists of Greece, Athens, 2022 |
| 1. Tigka M**, Metallinou D,** Pardali L,Lykeridou K.Informed decision making about medication intake during lactation: A prospective longitudinal study in Greece. 15th National Congress of Obstetrics and Gynecology, Athens, Greece, 2021. |
| 1. **Metallinou D**., Sarantaki A., Makeroufa C., Margeti L., Lykeridou A., “Parental guidance for decision making and creation of memories with an end of life neonate – The role of the midwife.” 4th National Congress of the Hellenic Phychoprophylactic Society, Thessaloniki, Greece, 2019 |
| 1. **Metallinou D**., Sarantaki A., Kitsonidou I., Bardo S., Sotiropoulou N., Lykeridou A., “Breaking Bad News to parents with neonate being hospitalized in NICU.” 4th National Congress of the Hellenic Phychoprophylactic Society, Thessaloniki, Greece, 2019 |
| 1. **Metallinou D.**, Karampas G., Lykeridou K., Iacovidou N., Rizos D., “Serum glial fibrillary acidic protein (GFAP) as a biomarker for preterm neonatal brain injury. A prospective longitudinal case-control study”, World Congress of Perinatal Medicine, Istanbul, Turkey, 2019 |
| 1. **Metallinou D**., Lykeridou A., Karampas G., Iakovidou N., Rizos D., “Prospective study of preterm neonates with brain damage: Early detection and neonatal care plan (1st stage of the study)”, 14th National Conference of Midwives, Athens, Greece, 2018 |
| 1. **Metallinou D**., Karampas G., Liagkou A., Sarella A., Sarantaki A., Lykeridou A.,”Awareness of emergency midwifery cases among undergraduate students of midwifery”, 14th National Conference of Midwives, Athens, Greece, 2018 |
| 1. **Metallinou D**., Karampas G., Karapiperi D., Sarella A., Sarantaki A., Lykeridou A.,”The effect of prenatal yoga on the quality of life of pregnant women. A pilot prospective study”, 14th National Conference of Midwives, Athens, Greece, 2018 |
| 1. Karampas G., Witkowski M., **Metallinou D.**, Steinwall M., “Vaginal birth in para-2 women with one previous elective caesarean section (VBAC) VS para-1 women with spontaneous vaginal delivery: Delivery process and outcome. A retrospective case control study.”, 11th Athens Congress on Women’s Health & Disease, Athens, Greece, 2018 |
| 1. **Metallinou D.**, Rizos D., Lykeridou A., Liosis G., Papasotiriou I., “Breast milk levels of MMP-9/NGAL complex in women with insulin-dependent gestational diabetes mellitus during the first postpartum days.”, 4th International Congress of the UENPS, Athens, Greece, 2014 |

**POSTERS (N=5)**

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| 1. **Metallinou D**, Sdanis P, Karampas G. Perimortem caesarean section and neonatal outcome, 5th National Scientific Conference of the Association of Obstetricians and Gynecologists of Greece, Athens, 2022 |
| 1. **Metallinou D**, Karampas G, Lykeridou K, Iakovidou N, Rizos D. S100B as a biomarker of brain injury in premature neonates. A prospective case-control longitudinal study, 8th South East European Congress of Perinatal Medicine (SEECPM), Athens, 2020 |
| 1. **Metallinou D,** Karampas G, Kalamida P, Korentzelou A. Intrauterine death in the context of extensive 3rd trimester fetal intracranial hemorrhage, 20th National Conference of Perinatal Medicine, Athens, 2019 |
| 1. Karampas G, Eleftheriades M, Haliassos A, Panoulis K, Rizou M, **Metallinou D**, Mastorakos G, Rizos D. Neutrophil Gelatinase-Associated Lipocalin (NGAL) is a potent biomarker for the prediction of preeclampsia, Euromedlab, Athens, 2017 |
| 1. Moschou V, **Metallinou D**, Maniati K, Nyktari G. Sepsis and meningitis from Pantoea Agglomerans in term infant, 5th National Congress of Neonatology, Athens, 2014 |

**MEMBER OF THE SCIENTIFIC COMMITTEE IN coNFERENCes**

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| **Metallinou D.,** 14th National Congress of Midwives, Αthens, 2018 |

**PresidenCy oF round tables in coNFERENCes**

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| **Metallinou D.** President of the round table with title «Round Table of Midwives», 15th National Congress of Obstetrics and Gynecology, Athens, 2021 |
| **Metallinou D.** President of the round table with title «Hot Topics 5», 8th South East European Congress of Perinatal Medicine (SEECPM), Athens, 2020 |
| **Metallinou D.** President of the round table with title «Modern approaches to the care of newborns and their families», 14th National Congress of Midwives, Athens, 2018 |
| **Metallinou D.** President of the round table with title «Parents and children´s Safety. Midwives´ Competences?», 14th National Congress of Midwives, Athens, 2018 |
| **Metallinou D.** President of the round table with oral presentations holding the title “Midwifery: Protocols, guidelines and evidence based care in midwifery, Preparation for parenthood, Technology – Computer Science in midwifery, Bioethics and legislation in midwifery”,14th National Congress of Midwives, Athens, 2018 |
| **Metallinou D.** President of the round table with title “Dermatopathies in neonatal and infant age. Physiological and pathological conditions”, 14th National Congress of Midwives, Athens, 2018 |

**Instructor in clinical workshops during coNFERENCes**

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| Karampas G., **Metallinou D**., Drepanou V., “Internal cardiotocography, hands on”, 4th National Congress of the Hellenic Phychoprophylactic Society, Thessaloniki, Greece, 2019 |

**Scientific Director of courses**

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| 2nd Course of Clinical Cardiotocography & Fetal Monitoring, Thessaloniki, Greece, 2020 |

**Founding Member of Scientific Society**

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| Hellenic Society of Cardiotocography and Fetal Monitoring (HSCFM), 2019 |

**Guest Lectures**

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| **Τitle** | **Congress / Conference** | **Year** |
| Follow-up of preterm neonates after hospitalization in a NICU. | Webinar  The midwife in the community - From theory to practice | 2023 |
| Can caesarean sections be dramatically reduced in Greece? YES | 5th Symposium on Controversies/Debates | 2023 |
| Birth planning of newborn with life-limiting condition | 8th South East European Congress of Perinatal Medicine | 2020 |
| Management of unpleasant events in a neonatal intensive care unit. Are the Greek healthcare professionals trained? | 20th National Congress of Perinatal Medicine | 2019 |
| Developing a safe emotional bond from neonatal age to childhood | 14th National Congress of Midwives | 2018 |
| Midwifery care of the preterm neonate with brain damage | 19th National Congress of Perinatal Medicine | 2017 |
| Biochemical markers of brain damage and nursing care in neonatal intensive care unit | 11th Midwifery Conference of Gaia | 2017 |
| Biochemical markers of brain damage and nursing care in neonatal intensive care unit | Multithematic Congress of Argolida | 2017 |

**POSTGRADUATE COURSES**

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| **Name** | **Location** | **Level of course** | **Hours** | **Year** |
| Clinical Cardiotocography and Fetal Monitoring | Athens - Greece | Certification | 2 days | 2019 |
| Newborn Behavioural Observations System (NBAS) | Athens - Greece | Certification | 11 | 2018 |
| Attachment Parenting for Professionals | Athens - Greece | Certification | 7 | 2016 |
| Electronic Fetal Monitoring During Pregnancy and Labour | Athens - Greece | Certification | 30 | 2016 |
| Promoting Mental Health in Prenatal, Neonatal and Infant Period | Athens - Greece | Certification | 80 | 2015 |
| Newborn Life Support (NLS) | Athens - Greece | Certification | 8 | 2015 |
| Cardiopulmonary Resuscitation with Automated External Defribillation  (CPR-AED) | Athens - Greece | Certification | 5 | 2014 |
| Training Course in Promotion of Natural Childbirth | Athens - Greece | Certification | 46 | 2013 |
| Training Course in Breastfeeding | Athens - Greece | Certification | 33 | 2012 |
| Advanced Life Support in Obstetrics (ALSO) | Athens - Greece | Certification | 36 | 2009 |

**languages**

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| **Language** | **Level of knowledge (certificate)** | **Spoken** | **Written** |
| English | Certificate of Proficiency in English University of Cambridge | Fluently | Fluently |

**computer skills**

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| European Computer Driving Licence (ECDL) |

**personal interests**

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| Travelling |