

CONCISE CURRICULUM VITAE

VIKENTIA C. HARIZOPOULOU

RM, RN, MSc, PhD

Assistant Professor, Midwifery Department, University of West Attica

Dr Vikentia C. Harizopoulou is an Assistant Professor of “Midwifery Care and Endocrine Disorders” at the Department of Midwifery at the University of West Attica.

Academic Studies, Education

In 2005, she graduated from the Department of Midwifery of Technological Educational Institute of Thessaloniki in Greece with a degree grade of «Excellent» (9/10).

In 2008, she attained an "Excellent" grade (9.09/10) in the Master's Degree Programme in “Human Performance and Health” from the School of Physical Education and Sports Science, Aristotle University of Thessaloniki, Greece. Her Master's thesis title was: "Physical Activity to Prevent Gestational Diabetes Mellitus," which investigated the impact of physical activity levels on the relative risk of gestational diabetes mellitus among women of reproductive age.

In 2014, she was awarded a Doctorate from the Faculty of Medicine of Aristotle University of Thessaloniki, Greece, achieving an "Excellent" doctoral degree. Her doctoral thesis, entitled "Research on the intrapartum carbohydrate metabolism in pregnancies complicated with diabetes mellitus," focused on monitoring glucose concentrations during labor within the context of midwifery care and aimed to establish a correlation between glycemic control during labor and perinatal outcomes.

Furthermore, in 2008, she obtained a second bachelor's degree from the Department of Nursing Department of the Technological Educational Institute of Thessaloniki in Greece, graduating with a degree grade of "Excellent" (8.87/10).

Certifications

She has held a BLS/AED Provider Certification since 2010 (8.6.2024, the most recent certification renewal).

In July 2021, she passed the “Nurses and Midwives Certification” exams in Human Assisted Reproduction by the European Society of Human Reproduction and Embryology (ESHRE).

In November 2024, she received certification in Good Clinical Practice in Clinical Trials from the NIDA Clinical Trials Network.

Employment

She was hired at the General Hospital of Thessaloniki “Papageorgiou” through ASEP on October 3, 2005, for a permanent position as a midwifery staff member. She served there until January 26, 2025, when she voluntarily resigned to take up her academic duties as an Assistant Professor at the Department of Midwifery of the University of West Attica.

During the years of her employment at the “Papageorgiou” Hospital, she was assigned and served as a midwife in the following departments/clinics of the First Obstetrics and Gynecology Clinic, Aristotle University of Thessaloniki (A.U.Th.):

- From 03/10/2005 to 30/06/2009: Department of Obstetrics and Gynecology, High-Risk Pregnancy Department, Neonatal Department
- From 01/07/2009 to 31/08/2017: Delivery Room-Maternity Ward, Gynecological Surgeries, Prenatal Classes
- From 01/09/2017 to 25/12/2022: Medically Assisted Reproduction Unit
- From 26/12/2022 to 26/01/2025: Delivery Room-Maternity Ward, Gynecological Surgeries, Medically Assisted Reproduction Unit, Prenatal Classes

Teaching Experience

From the academic year 2008-2009 until the winter semester of the academic year 2024-2025 (26 academic semesters, in total) she worked at the Department of Midwifery in Thessaloniki, first as a Laboratory Associate (Technological Educational Institute of Thessaloniki, Greece) and later as an Academic Fellow (International Hellenic University, Thessaloniki, Greece). Among the courses assigned to her were the following: Gynecological Care (Theory), Research in Midwifery Care (Theory), Nursing in Gynecological Surgery (Theory), Midwifery Care, Nursing, and Neonatal Nursing (Practical), Midwifery Care during Labor (Practical), Midwifery Care during Puerperium (Practical), Community Midwifery Care (Practical).

As part of her duties, she supervised 15 undergraduate theses.

Scientific Activity

She has authored 24 publications in Greek (9) and foreign (15) scientific journals with peer-reviewed systems and four chapters in scientific books. She has also been a writing team member for clinical guidelines issued by the First Obstetrics and Gynecology Clinic, A.U.Th. (Diabetes and Pregnancy, 2010 and Metabolic Monitoring during Pregnancy, 2013).

She has presented more than 100 scientific presentations (oral, poster, and as an invited speaker) at international and national scientific meetings and conferences, and she participated in the organizing and/or scientific committees of some of these.

Additionally, she has attended numerous seminars on midwifery care, obstetrics, gynecology, reproductive endocrinology, and assisted reproduction.

She is a member of the editorial board of the Greek scientific journal “Eleftho” and an invited reviewer in the international journal “European Journal of Midwifery”.